Poulsson

$$
k 443402
$$

NY PUBLIC LIBRARY THE BRANCH LIBRARIES


33333068008024

```
THE CENTRAL CHILDREN'S ROOM
DONNELL LIPRMN CENIER
20 WEST 53 STR EET
NEW YORK, N.Y. 10019
```


# Digitized by the Internet Archive in 2007 with funding from Microsoft Corporation 


"WHAT THE CHILD IMITATES, HE BEGINS TO UNDERSTAND."-Froebee.

# FINGER PLAYS 

## FOR NURSERY AND KINDERGARTEN



Illustrations By L.J.Bridgman
Lothrop. Lee and Shepard Co.

## FINGER PLAYS.

## TRADE-MARK

Registered in U. S. Patent Office.

Copyright, 1893,
BY
D. Lothrop Company.

Copyright, 192i, by Emilie Poulsson.

All 3 ights reserved.

PROPRRTY OF CITY OF NEW YORK

## K443402

## PREFACE.

"What the child imitates," says Froebel, "he begins to understand. Let him represent the flying of birds and he enters partially into the life of birds. Let him imitate the rapid motion of fishes in the water and his sympathy with fishes is quickened. Let him reproduce the activities of farmer, miller and baker, and his eyes open to the meaning of their work. In one word let him reflect in his play the varied aspects of life and his thought will begin to grapple with their significance."

In all times and among all nations, finger-plays have been a delight of childhood Countless babies have laughed and crowed over "Pat-a-cake" and other performances of the soft little hands; while children of whatever age never fail to find amusement in playing
> " Here is the church, And here's the steeple, Open the doors, And here are the people !"

## and others as well known.

Yet it is not solely upon the pleasure derived from them, that finger-plays depend for their raison d'etre. By their judicious and early use, the development of strength and flexibility in the tiny lax fingers may be assisted, and dormant thought may re. ceive its first awakening call through the motions which interpret as well as illustrate the phase of life or activity presented by the words.

The eighteen finger-plays contained in this book have already, through publica. tion in Babyland, been introduced to their especial public, and have been much used in homes, though perhaps more in kindergartens. It will readily be seen that while some of the plays are for the babies in the nursery, others are more suitable for older children.

A baby-friend, ten months old, plays "All for Baby" throughout, pounding and clapping gleefully with all his might - while children seven or eight years of age play and sing " The Caterpillar," "How the Corn Grew " and others with very evident enjoyment.

With a little study of the charming and expressive pictures with whech the artist, Mr. L. J. Bridgman, has so sympathetically illustrated the rhymes, mothers and kindergartners have easily understood what motions were intended. To elucidate still farther, however, the playing of " The Merry Little Men" may be thus described:

During the singing of the first verse, the children look about in every direction for the "little men," but keep the hands hidden. At the beginning of the second verse, raise both hands to full view with fingers outspread and quiet. At the words, "The first to come," etc., let the thumbs be shown alone, then the others as named in turn, till all are again outspread as at the beginning of the second verse. In the last verse the arms are moved from side to side, hands being raised and fingers fluttering nimbly all the time. When displaying the "busy little men," raise the hands as high as possible.

The music, composed by Miss Cornelia C. Roeske, will be found melodious and attractive and especially suited to the voices and abilities of the very young children for whom it is chiefly intended.

The harmonic arrangement is also purposely simple in consideration of the many mothers and kindergartners who cannot devote time to preparatory practice.

Emilie Poulsson.

## Boston, 1889.

## CONTENTS.

PAGE
I. The Little Men ..... 9
II. The Lambs ..... 14
III. The Hen and Chickens ..... 17
IV. The Little Plant ..... 2 I
V. The Pigs ..... 25
VI. A Little Boy’s Walk ..... 29
ViI. The Caterpillar ..... 33
VIII. All for Baby ..... 37
IX. The Mice ..... 4I
X. The Squirrel ..... 45
XI. The Sparrows ..... 49
XII. The Counting Lesson ..... 53
XIII. Mrs. Pussy's Dinner ..... 57
XIV. How the Corn Grew ..... 61
XV. The Mill ..... 65
XVI. Making Bread ..... 69
XVII. Making Butter ..... 75
XVIII. Santa Claus ..... 77

DEDICATED
то
LITTLE CHILDREN
At Home and in Kindergarten
BY THEIR FRIEND,
EMILIE POULSSON.

## FINGER PLAYS FOR NURSERY AND KINDERGARTEN




Oh! where are the merry, merry Little Men To join us in our play? And where are the busy, busy Little Men To help us work today?

Upon each hand A little band For work or play is ready. The first to come Is Master Thumb; Then Pointer, strong and steady;

Then Tall Man high; And just close by The Feeble Man doth linger;

And last of all,
So fair and small,
The baby - Little Finger.


Yes! here are the merry, merry Little Men To join us in our play;
And here are the busy, busy Little Men To help us work today.
Emile Poulsson.
Cornelia C. Rueske.


Oh: where are the men • ry,

merry Little Men To join us in our play? And where are the bus-y, bus - y Lit-tle Men To

 help us work to - adas?

Up - on each hand a lit - the band For work or play is

$$
2+-
$$

$$
\begin{aligned}
& 1 \\
& \hline
\end{aligned}
$$


fair and small, The ba - by -Lit-tle Fin-ger. Yes! here are the mer - ry, mer-ry Little Men To

join us in our play; And here are the bus - y, bus - y Little Men To help us work to - day.



This is the meadow where all the long day
 Salt in, or cornmeal, and other good things.

THE
TROUGH



This is the lambkins' own big water-trough;
Drink, little lambkins, and then scamper off!


This is the rack where in winter they feed; Hay makes a very good dinner indeed.


Here, with its big double doors shut so tight, This is the barn where they all sleep at night.

Emilie Poulsson.
Cornelia C. Roeske.


1. This is the mead-ow where all the long day Ten lit-tle frol-icsome lambs are at play.


These are the measures the good farmer brings Salt in, or corn meal, and oth-er good things.


2 This is the lambkins' own big water-trough; Drink, little lambkins, and then scamper off ! This is the rack where in winter they feed; Hay makes a very good dinner indeed.

3 These are the big shears to shear the old sheep; Dear little lambkins their soft wool may keep. Here, with its big double doors shut so tight, This is the barn where they all sleep at night.



Good Mother Hen sits here on her nest, Keeps the eggs warm beneath her soft breast, Waiting, waiting, day after day.

PBREAKING Hark! there's a sound she knows very well: sheL Some little chickens are breaking the shell,


Now they're all out, Oh, see what a crowd! Good Mother Hen is happy and proud, Cluck-cluck, cluck-cluck, clucking away.



Here is some corn in my little dish; O Eat, Mother Hen, eat all that you wish, Picking, picking, picking away.

Happy we'll be to see you again, Dear little chicks and good Mother Hen! Now good-by, good-by for to-day.


Emilie Poulsson.


Cornelia C. Roeske.


1. Good Moth - er Hen sits here on her nest,
2. Hark ! there's a sound she knows ver - y well:
3. Now they're all out, oh, see what a crowd!


Keeps the eggs warm be-neath her soft breast, Wait-ing, wait-ing, day af - ter day. Some lit-tle chick-ens breaking the shell, Peck - ing, peck-ing, peck-ing a.way. Good Moth-er Hen is hap - py and proud,Cluck-cluck,cluck-cluck, lluck-ing a - way.


4 Into the coop the mother must go; While all the chickens run to and fro, Peep-peep, peep-peep, peeping away.

5 Here is some corn in my little dish; Eat, Mother Hen, eat all that you wish. Picking, picking, picking away.

8 Happy we'll be to see you again, Dear little chicks and good Motker Hen ! Now good-bye, good-bve for to-dav


## IV. The Little Plant.



THE GRART (IIR

Shining down, the great round sun Smiles upon it often; Little raindrops, pattering down, Help the seeds to soften.


Emily Podlbson.
C. C. Roeske.


1. In my lit-tle garden bed Rak'd so nice - lg over,
2. Then the lit-tle plantawakes!Down the roots go creeping.


First the ti-ny seeds I sow, Then with soft earth cover. Shining down, the great round sun Smiles upon it often; Up it lifts its little head Thro' the brown mould peeping. High and higher still it grows Thro' the summer hours,





Little raindrops, pattering down, Help the seeds to soften.
Till some happy day the buds 0 -pen into flowers.




Piggie Wig and Piggie Wee, Hungry pigs as pigs could be, For their dinner had to wait Down behind the barnyard gate. Piggie Wig and Piggie Wee Climbed the barnyard gate to see, Peeping through the gate so high, But no dinner could they spy.



Piggie Wig and Piggie Wee Got down sad as pigs could be; But the gate soon opened wide And they scampered forth outside.

Piggie Wig and Piggie Wee, What was their delight to see Dinner ready not far off Such a full and tempting trough!


IN
THEY FELL


Piggie Wig and Piggie Wee, Greedy pigs as pigs could be, For their dinner ran pell-mell; In the trough both piggies fell

## Emilie Poulsson.

Cornelia C. Roeskr


2 Piggie Wig and Piggie Wee Climbed the barn-yard gate to see, Peeping through the gate so high, But no dinner could they spy.

8 Piggie Wig and Piggie Wee Got down sad as pigs could be; But the gate soon opened wide And they scampered forth outside.

4 Piggie Wig and Piggie Wee, What was their delight to see Dinner ready not far off Such a full and tempting trough !

5 Piggie Wig and Piggie Wee, Greedy pigs as pigs could be, For their dinner ran pell-mell; In the trough both piggies fell.




A little boy went walking One lovely summer's day: He saw a little rabbit That quickly ran away; He saw a shining river Go winding in and out, And little fishes in it

Were swimming all about;

The bridge above the water; And when he stopped to rest, He saw among the bushes A wee ground-sparrow's nest.


He saw the insects playing; The flowers that summer brings; He said, "I'll go tell mamma! I've seen so many things!"

## A LITTLE BOY'S WALK.

## Emther Poulseon.

Cornelia C. Kofsre

 wa - ter;And when he stopped to rest, He saw among the bush - es A wee ground-sparrow's nest play-ing;The flowers that summer brings; He said,"I'll go tell MammalI've seen so man-y things."



## FINGER-PLAYS



CRAẄ ING (o) move whole hand forward

NOWHERE TO BE FOUND

Fuzzy little caterpillar,
Crawling, crawling on the ground ! Fuzzy little caterpillar, Nowhere, nowhere to be found, Though we've looked and looked and hunted



Emilie Poulsson.
Cornelia C. Roeskit


1. Fuz-zy lit-tle
cat-er-pil-lar, Crawling, crawling
2. When the lit - the cat- er - pill - lar Found his fur - ry
3. See how this co - coon is stir - ring! Now a little



on the ground! Fuz-zy little cat-er•pil•lar, Nowhere, nowhere to be found, Tho' we've looked and coat too tight, Then a snug co-coonhe made him Spun of silk so soft and light; Rolled himself ahead we spy - What is this our cat - er - pill - lar Spreading gorgeous wings to dry? Soon the free and

 VIII. All for Baby.



## ALL FOR BABY.

## Emilif Poulsbon.

Coryelia C. Roeske.


1. Here's a ball for Ba - by, Big and soft and round! Here is Ba •by's ham-mer -


O, how he can pound!


2 Here is Baby's music
Clapping, clapping so!
Here are Baby's soldiers, Standing in a row !

8 Here's the Baby's trumpet, Toot-too-toot! too-too!
Here's the way that Baby
Plays at "Peep-a-boo!"

4 Here's a big umbrella -
Keeps the Baby dry!
Here's the Baby's cradle -
Rock-a-baby by !



Five little mice on the shelf up high, Feasting so daintily on a pie -

1.s A PIE


But the big round eyes of the wise old cat See what the five little mice are at.

Quickly she jumps!-but the mice run away, And hide in their snug little holes all day.
"Feasting in pantries may be very nice; But home is the best!" say the five little mice.


FIVE LITTLE MICE.
Emilie Poulsson. ¢

Cornelia C. Roeske.

$\left[\begin{array}{lll}20 & -1 & 0\end{array}\right.$
Seeking for bread crumbs or something more ; Five little mice on the shelf up high,

1. $\left\{\begin{array}{c}\text { Five lit-tle mice on the pan-try floor, } \\ \text { big round eyes of the wise old cat }\end{array}\right.$

Seeking for bread crumbs or something more; Five little mice on the shelf up high,
See what the five lit - the mice are at. Quick-ly she jumps! but the mice run a - way, And弁 $\left[\begin{array}{ll}5 \\ 0 & 0 \\ 0\end{array}\right.$
hide in their snug lit-tle holes all day.
0 (x):

 ${ }_{14}$ "Feasting in pan-tries may be ver - y nice; But home is the best! "say the five lit -the mice.



In the hollow tree, I've a pretty cage for you; Come and live with me!
"Little squirrel, I will bring In my basket here Every day a feast of nuts! Come, then, squirrel dear."

But the little squirrel said From his hollow tree: "Oh! no, no! I'd rather far Live here and be free!"


So my cage is empty yet, And the wheel is still; But my little basket here Oft with nuts I fill.

If you like, I'll crack the nuts, Some for you and me, For the squirrel has enough In his hollow tree.

1. "Little Squirrel, liv-ing there In the hollow
2. "Lit-tle Squirrel, I will bring In my basket
3. So my cage is emp-ty yet And the wheel is



"Here is some water,
Sparkling and clear;
Come, little sparrows,
Drink without fear.
䅫
"If you are tired, Here is a nest;
Wouldn't you like to Come here to rest?"

## THE SPARROWS.

Emile Poulsson.
C. C. Roeske.

$\left[\begin{array}{ll}4 & 2 \\ (4) & 0\end{array}\right.$ See! I will give you Man-y a crumb." Wouldn't you like to Comehereand rest?" There is the spar - rows'Snuglit-tle house."



## (Right hand.)

Here is the beehive. Where are the bees? Hidden away where nobody sees. Soon they come creeping out of the hive One! - two! - three! four! five!


## FINGER-PLAYS

(Left hand.)
Once I saw an ant-hill With no ants about; So I said, "Dear little ants, Won't you please come out?" Then as if the little ants Had heard my call One! two! three! four! fwe came out! And that was all!


## THE COUNTING LESSON.

Emilie Poulsson.
C. C. Rueske.

## Mst Verse.

$\begin{array}{r}2 \\ (\mathrm{O}) \\ \hline\end{array}$

1. Here is the beehive. Where are the bees? Hidden a - way where no-bod-y sees.


Soon they come creep-ing out of the hive - One! - two!- three! four! five!


## and Verse.




"Dear little ants, Won't you please come out?" Then as if the lit. the ants Had




## XIII. Mrs. Pussy's Dinner.

Mrs. Pussy, sleek and fat, With her kittens four, Went to sleep upon the mat By the kitchen door.


UPON THE MAT


Mrs. Pussy heard a noise Up she jumped in glee: "Kittens, maybe that's a mouse!

Let us go and see!"



Creeping, creeping, creeping on, Silently they stole; But the little mouse had gone Back within its hole.

## FINGER-PLAYS



So the cat and kittens four Tried their very best; But the swallows flying fast Safely reached the nest!



Went to sleep up - on the mat By the kitchen door.


2 Mrs. Pussy heard a noiseUp she jumped in glee:
"Kittens, maybe that's a mouse! Let us go and see!"

3 Creeping, creeping, creeping on, Silently they stole;
But the little mouse had gone Back within its hole.

4 "Well," said Mrs. Pussy then, "To the barn well go;
We shall find the swallows there Flying to and fro."

5 So the cat and kittens four Tried their very best; But the swallows flying fast Safely reached the nest!

6 Home went hungry Mrs. Puss And her kittens four; Found their dinner on a plate By the kitchen door.

7 Mrs. Puss said, "Meow! To chase Birds and mice is fun; But I'm glad that dinner-plates Cannot fly or run!"


## XIV. How The Corn Grew.

There was a field that waiting lay, All hard and brown and bare; There was a thrifty farmer came And fenced it in with care.

For many days the farmer then Was working with his hoe; And little Johnny brought the corn And dropped the kernels - so!

And there they lay, until awake By tapping rains that fell, Then pushed their green plumes up to greet
The sun they loved so well.



2 Then came a ploughman with his plough; From early until late,
Across the field and back again, He ploughed the furrows straight.
3 The harrow then was brought to make The ground more soft and loose;
And soon the farmer said with joy, "My field is fit for use."
$\$$ For many days the farmer then Was working with his hoe; And little Johnny brought the corn And dropped the kernels - sol

5 And there they lay, until awaked By tapping rains that fell,
Then pushed their green plumes up to greai The sun they loved so well.
6 Then flocks and flocks of hungry crows
Came down the corn to taste;
But ba-ang! went the farmer's gun, And off they flew in haste.
7 Then grew and grew the corn, until, When autumn days had come, With sickles keen they cut it down And sang the "Harvest Home."



But faster turned the millstones Up in the dusty mill, And quickly did the miller With corn the hopper fill.

And faster yet and faster The heavy stones went round, Until the golden kernels To golden meal were ground. "Now fill the empty hopper With wheat," the miller said; "Well grind this into flour To make the children's bread."


And still, as flowed the water, The mighty wheel went round; And still, as turned the millstones, The corn and grain were ground.

And busy was the miller The livelong day, until The watergate he fastened, And silent grew the mill.

Emilie Poulsson.
Cornelik C. Roeske.


1. A mer - ry lit-tle riv-er Went sing-ing day by day, Un - til it reached a

mill-dam Thatstretched a-cross its way. And there it spread its wa-ters, A


2 Then, hurrying through the gateway, The dashing waters found
A mighty millwheel waiting-
And turned it swiftly round.
But faster turned the millstone Up in the dusty mill, And quickly did the miller

With corn the hopper fill.
8 And faster yet and faster
The heavy stones went round, Until the golden kernels

To golden meai were ground.
"Now, fill the empty hopper
With wheat," the miller said;
"We'll grind this into flour
To make the children's bread."
4 And still, as flowed the water, The mighty wheel went round;
And still, as turned the millstones,
The corn and grain were ground.
And busy was the miller
The livelong day, until
The water gate he fastened, And silent grew the mill.


## XVI. Making Bread.



Then in the pan of flour A little salt she threw; A cup of yeast she added, And poured in water, too. To mix them all together She stirred with busy might, Then covered it and left it Until the bread was light.
 And kneaded well the dough, And in the waiting oven The loaves of bread did go. The mother watched the baking, And turned the loaves, each one, Until at last, rejoicing, She said, "My bread is done!"

Emilie Poulsson.
C. C. Roeske.


1. "The farm- er and the mil-ler Have work'd,"the mother said, "And got the flo-ur


2 Then in the pan of flour
A little salt she threw; A cup of yeast she added,
And poured in water, too.
To mix them all together
She stirred with busy might, Then covered it and left it

Until the bread was light.

3 More flour then she sifted
And kneaded well the dougu,
And in the waiting oven
The loaves of bread did go.
The mother watched the baking,
And turned the loaves, each one
Until at last, rejoicing,
She said, "My bread is done!"



Press, press, press; All the milk must be From the golden butter now Pressed out carefully


Pat, pat, pat;
Make it smooth and round. See! the roll of butter's done Won't you buy a pound?
"PAT, PAT, PAT"


Taste, oh! taste,
This is very nice;
Spread it on the children's bread, Give them each a slice.

1. Skim, skim, skim, With the skim-mer bright;


Take the rich and yel-low cream, Leave the milk so white.


2 Churrı, churn, churn,
Now 'tis churning day;
Till the cream to butter turn
Dasher must not stay.
3 Press, press, press;
All the milk must be
From the golden butter now
Pressed out carefully.
4 Pat, pat, pat,
Make it smooth and round.
See! the roll of butter's done -
Won't you buy a pound?
5 Taste, oh! taste,
This is very nice.
Spread it on the children's bread,
Give them each a slice.



O, clap, clap the hands, And sing out with glee! For Christmas is coming And merry are we!

Now swift o'er the snow The tiny reindeer
Are trotting and bringing Good Santa Claus near.



1．O，clap，clap the hands，And sing out with glee！For
2．O，clap，clap the hands，And sing out with glee！For
3．O，clap，clap the hands，And sing out with glee！For

ti－ny rein－deer Are trot－ting and bring－ing Good San－ta Claus near． while we＇rea－sleep Then down thro＇the chim－ney WillSan－ta Claus creep．
up he will come And，call－ing the rein－deer，Will hastea－way home．




